

The Truth About
Reincarnation & Spirits

Single Session

Delivered By
Jesus

*This document is a transcript of
a seminar on the subject of,
the process of incarnation, reincarnation
and progression in the spirit world.*

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The Truth About Reincarnation & Spirits

Single Session Part 1¹

1. Introduction

[00:00:32.29]

Jesus²:

Is everyone well today? The reason why we have all four of us here today is that Mary is going to do some channelling for us, I am going to speak to the spirits that Mary channels, Adriana is going to translate what I say and Isabella is going to translate what the spirits say.

[00:01:09.06]

Mary³:

Let's see how it goes. (Laughter)

[00:01:12.11]

Jesus:

And we will see how it all goes. The big problem we will have is slowing down the spirits so that Isabella has time to translate them. So we'll see how this works. It's an experiment.

[00:01:41.11]

The reason we wanted to do this today as the start of our session is because we had quite a number of spirits come and visit us, myself and Mary, last night. Some of those spirits were famous people in Brazil and others are people who are just general people that many of you would not know. So we've decided we're going to start with some women spirits who wanted to speak to me about reincarnation.

[00:02:54.20]

Okay, well let's get started. The key for each of you is to be patient and to not project your fear or anger or frustration onto the spirits. We want to allow them to come and say exactly what they want and if they feel your emotions towards them as negative then they will find it difficult to speak. So we'll proceed now.

2. Mediumship with Mary about reincarnation and spiritual growth

[00:03:54.17]

Mary (Gloria):

Hello, my name is Gloria and I come as a representative of a group of women. We are guides to many of the women here in this audience. We have heard your discussion yesterday and we feel you are misguided about many things. However we would like to present some questions in a discussion with you.

[00:04:37.11]

Jesus:

That would be good.

[00:04:41.23]

Mary (Gloria):

There is the issue that you spoke of, of reincarnation. This is something that we know to be true and yet you are saying that it is not in the way that we understand it, and we wish to understand what it is you mean.

¹ Time codes restart at the beginning of each part of a session.

² Also known as Alan John Miller, or AJ.

³ Mary Magdalene. Also known as Mary Suzanne Luck.

[00:05:06.15]

Jesus:

May I ask how you know it to be true?

[00:05:12.28]

Mary (Gloria):

This is a truth that is common among us and we simply know it is something that occurs. We were aware of its existence before we passed from the earth and we observed many spirits or many of us who are able to make connections again upon the earth.

[00:05:47.09]

Jesus:

Do you mind if I ask you some questions about those connections?

[00:05:54.13]

Mary (Gloria):

Of course not.

2.1. *Many spirits believe they are reincarnating when they are over-cloaking babies*

[00:05:56.20]

Jesus:

When you say you've been able to make connections again with people on earth, what kind of connections have you been making?

[00:06:09.03]

Mary (Gloria):

We observed two different types. For example those such as myself act as guides to many women before it is our time to reincarnate. However there are others we observe who re-enter the earth realm as a child is born and they begin to have their life again, a different life, upon the earth.

[00:06:52.29]

Jesus:

Can you still see those people attached to the child's body?

[00:07:04.03]

Mary (Gloria):

They retain their spirit body, which we see is connected to this new body.

[00:07:15.19]

Jesus:

And can you see that this new body also has a spirit body of its own?

[00:07:32.21]

Mary (Gloria):

Of what do you refer to?

[00:07:38.09]

Jesus:

Well the new child that is born has its physical body that you can see, yes?

[00:07:49.02]

Mary (Gloria):

Yes.

[00:07:49.09]

Jesus:

And can you also see that the new child that is born has a spirit body that is very, very similar to the physical body?

[00:08:06.25]

Mary (Gloria):

No. This is how we know it is a reincarnation. We see that the person who has passed has still the same body and this attaches to the body of the person on the earth.

[00:08:35.12]

Jesus:

The reason why this is happening is that you cannot see the spirit body of the new child on earth. Can I explain the reason why? The reason why you cannot see the spirit body of this new child is that the new child is brighter than what you can possibly see. So what I'm going to do is ask some other spirits to come to you who will be able to show you the spirit body of the child.

[00:09:22.25]

Mary (Gloria):

At times we see that there is some other attachment to this body but what we see is that as the person who is reincarnating re-enters this realm it attaches to this form. And we feel that the first form must be their new vehicle for the person to re-attach to and this creates the reincarnation.

[00:10:11.08]

Jesus:

I can explain what is actually happening though. The new child that is born has both a physical body and a spirit body. What is happening when you try to reincarnate is that you are connecting to the spirit body of the child and therefore the spirit body of the child is being over-cloaked by you.

[00:10:59.05]

Mary (Gloria):

This is not the case for myself.

[00:11:01.19]

Jesus:

Well you have not reincarnated, is that true?

[00:11:04.05]

Mary (Gloria):

Yes.

[00:11:06.11]

Jesus:

Okay, so you are just observing what you believe is the reincarnation of others?

[00:11:18.10]

Mary (Gloria):

Yes, and this is how we know it is a truthful thing that occurs.

[00:11:26.16]

Jesus:

And what I'm stating to you is that this is not a reincarnation but rather an over-cloaking of a person on earth by a spirit.

[00:11:43.15]

Mary (Gloria):

And what is the difference?

[00:11:45.27]

Jesus:

Well the spirit who is over-cloaking the child is now actually influencing the child to do what the spirit wants and often you will also observe that if the spirit has any physical problems with their spirit body they also impose those physical problems upon the child's body. This is the cause of many childhood and post-birth illnesses and sicknesses on the planet.

[00:12:33.24]

Mary (Gloria):

This is not clear to us, what you wish to express. Is this not the way that one must reincarnate though?

2.2. *Reincarnation is not necessary to progress spiritually*

[00:12:52.29]

Jesus:

Well firstly there is no need for a person to reincarnate to earth in order to progress. In fact I can bring to you many spirits who have never reincarnated to earth but who have progressed. Would you like to meet some of those spirits?

[00:13:20.15]

Mary (Gloria):

We do not accept this as a truth.

[00:13:26.18]

Jesus:

But if I can bring you some spirits who can explain to you how they have progressed in the spirit world by not coming to earth then you may see that reincarnation is not something that is necessary in order to progress.

[00:13:50.07]

Mary (Gloria):

If you may humour us for a moment we do not understand what is progress if it is not to reincarnate?

[00:14:04.17]

Jesus:

Well progression is really about the condition of love in the individual. The way the spirit world is organised, is that you cannot progress to higher levels in the spirit world without making transitions into higher states of love.

[00:14:32.29]

Mary (Gloria):

So you wish to express that there is more than where we are and the earth. Is this what you are saying?

[00:14:39.22]

Jesus:

This is correct.

[00:14:48.22]

Mary (Gloria):

We were only aware that there is where we are. We may have the role of guiding and protecting others while still on the earth, or that we should reincarnate in order to heighten what we believed was our development. But we were aware of where we are physically, or the earth, and nothing more. In fact we view the earth as a place for progression.

[00:15:33.05]

Jesus:

Yes and what I'm suggesting to you is that actually the earth is not the only place in which you can progress but rather there are other places in the spirit world that you are yet to visit that are in higher conditions of love that you can actually go into without coming to earth.

[00:16:05.01]

Mary (Gloria):

How is it that we do not know this?

[00:16:09.26]

Jesus:

Well, because you believed in reincarnation when you were on the earth you have not been open to that teaching being false when you entered the spirit world.

[00:16:27.22]

Mary (Gloria):

But surely there should be some way that we would know this. How can I know that we can trust you?

2.3. *Brighter spirits come to visit the channelling spirits*

[00:16:41.00]

Jesus:

Well you don't need to worry about trusting me because I can show you the other spirits who have not come to earth to progress and they can actually hold your hand and show you the other places in the spirit world that exist. But they can only do that temporarily because in the end you will have to progress in love to reach those conditions. What I suggest is that you let me bring these people to you and then we can explain to you why you haven't heard of this before.

[00:17:41.07]

Mary (Gloria):

We need to discuss this.

[00:17:47.17]

Jesus:

May I suggest that it is better to actually have the event occur and then you can have a discussion afterwards? It is not logical to have a discussion about an event that has not yet occurred.

[00:18:16.00]

Mary (Gloria):

The issue which we wish to discuss is that of whether we may trust you and whether there is some way in which trickery may be involved here.

[00:18:36.25]

Jesus:

I understand your concern but you cannot actually degrade in your condition by having this event occur so after you've investigated you can always return to exactly the same place that you are currently in.

[00:19:03.03]

Mary (Gloria):

Okay.

[00:19:05.12]

Jesus:

Well I'm going to ask for quite a lot of spirits to come to help you because I know that you are large in number. So can you now see there are spirits who are a bit brighter than yourself who have come to you?

[00:19:33.04]

Mary (Gloria):

Yes we see, we see them.

[00:19:38.14]

Jesus:

Have you seen them before?

[00:19:42.10]

Mary (Gloria):

No, and we see that they are different in appearance to us but they... you described them as brighter.

[00:19:58.07]

Jesus:

Perhaps more transparent is the best word.

2.3.1. *Brighter spirits who are more progressed in love appear younger than darker spirits*

[00:20:04.01]

Mary (Gloria):

Yes we see this but we see them ... you must understand that when one develops with age and maturity they have more wisdom.

[00:20:23.23]

Jesus:

So what you're commenting about is their age?

[00:20:30.02]

Mary (Gloria):

Yes.

[00:20:31.02]

Jesus:

You, all of you women together, look very old in comparison to these spirits who have come to you?

[00:20:44.10]

Mary (Gloria):

Yes we have grown in our wisdom and our appearance displays this.

[00:20:57.15]

Jesus:

So you associate old age with the appearance and also being wise?

[00:21:08.28]

Mary (Gloria):

Yes, these ones seem very young and young in their behaviour.

[00:21:19.19]

Jesus:

So they're happy and spontaneous?

[00:21:28.15]

Mary (Gloria):

Yes, playing.

[00:21:32.04]

Jesus:

And you feel that this frivolous nature indicates their lack of development?

[00:21:45.01]

Mary (Gloria):

It's just that they are younger, not that they are bad.

[00:21:52.17]

Jesus:

Can I ask a few of them to tell you exactly their age since the time they were born on earth?

[00:22:06.02]

Mary (Gloria):

Yes.

[00:22:07.21]

Jesus:

So what do you find their age to be?

[00:22:15.22]

Mary (Gloria):

It seems that some are quite old.

[00:22:21.02]

Jesus:

How old are some of them?

[00:22:26.03]

Mary (Gloria):

Over one thousand years old.

[00:22:29.12]

Jesus:

And yet they look very young.

[00:22:35.01]

Mary (Gloria):

Yes.

[00:22:36.12]

Jesus:

So the question has to be asked how can they be so old and look so young?

[00:22:48.10]

Mary (Gloria):

Yes.

[00:22:51.29]

Jesus:

Can you think of an explanation that's possible?

[00:23:00.04]

Mary (Gloria):

Is it possible that they have reincarnated many times and they are now taking on the appearance of a more recent life?

[00:23:17.04]

Jesus:

Well why don't we ask them?

[00:23:22.11]

Mary (Gloria):

They say no.

[00:23:24.26]

Jesus:

Have any of them reincarnated?

[00:23:34.29]

Mary (Gloria):

We don't understand how this is possible.

[00:23:38.27]

Jesus:

What was the answer, have any of them reincarnated?

[00:23:44.05]

Mary (Gloria):

No.

[00:23:46.28]

Jesus:

So the question then becomes how they can look so young when they're so old and yet they have not reincarnated.

[00:23:59.03]

Mary (Gloria):

Yes, we would like to know.

2.4. *Brighter spirits take the spirits to a higher dimension in the spirit world*

[00:24:02.15]

Jesus:

Well, before we show you the answer to that, remember I referred to the other places in the spirit world that are higher than where you are currently? Would you like to see whether such locations exist?

[00:24:26.11]

Mary (Gloria):

Yes.

[00:24:27.20]

Jesus:

Well all you need to do is you need to stay close by one of those spirits and they will take you to the next sphere or dimension in the spirit world. They will do this is by loaning you energy of love so that they can show you some things. So all you need to do is just trust them for a moment but you can always leave them and come back to where you are.

[00:25:10.02]

Mary (Gloria):

Okay.

[00:25:11.29]

Jesus:

Let's do that for a few seconds because that's all it will take for you to see where they live.

[00:25:23.01]

Mary (Gloria):

We are preparing.

[00:25:46.10]

Jesus:

What are they showing you? You can describe it for us.

[00:25:52.04]

Mary (Gloria):

A place so beautiful: it is full of colour and light and everyone has many things.

[00:26:10.25]

Jesus:

Material things!

[00:26:14.17]

Mary (Gloria):

Yes and everyone seems young and lively and moving.

[00:26:28.08]

Jesus:

Which is not something you've been doing very much?

[00:26:34.05]

Mary (Gloria):

No we have seen our work as very important here on the earth, to guide and protect these ones we have been with. We see this as a noble duty that we have undertaken and these brighter people we see now, what is their duty, obligation? What are they doing?

[00:27:08.21]

Jesus:

Well everyone in the spirit world does have work to do but it is work driven by their desires but for the work to be effective the desire needs to be in harmony with truth and with love. So you have been teaching people on earth that it is impossible to progress without coming back to earth, but what these people in front of you are demonstrating is that it is possible to not come to earth and to progress.

[00:27:54.20]

Mary (Gloria):

But it seems that the life they are having is so completely different to what seems normal.

[00:28:05.01]

Jesus:

That is correct; it's different to what you view as normal. Remember at the beginning of this discussion you believed that there was only the location where you lived and the earth?

[00:28:28.20]

Mary (Gloria):

Yes.

[00:28:29.13]

Jesus:

And what we've demonstrated is that there is actually another location above the location that you have been in and that location is much better than what you imagined. The spirits who have loaned you their love to take you to that location have progressed to that location and beyond without returning to earth.

[00:29:08.17]

Mary (Gloria):

This raises many questions for us now surrounding the purpose and meaning of the life and ourselves.

[00:29:29.09]

Jesus:

Yes, what has happened for yourselves is that you have placed yourself in a role that you believed was right.

[00:29:43.19]

Mary (Gloria):

We believe that it is right with everything that we are.

[00:29:49.29]

Jesus:

But actually it has not been in harmony with the laws and principles related to love and truth, when you believe that you consign yourself, you tie yourself to the role you have created for yourself without discovering your true potential in the spirit world. The spirits who have come to you have shown you some of their potential and they can even demonstrate some even more powerful things about their potential. But you will not be able to embrace that potential without going through changes similar to those they have gone through.

2.4.1. *False beliefs of the spirits about how to care for people on earth*

[00:30:52.06]

Mary (Gloria):

But what of this purpose to care for those upon the earth? We have felt that we have some sort of goodness in this desire. Many of us have waited to reincarnate in order to fulfil this purpose.

[00:31:25.15]

Jesus:

But unfortunately what you have been doing is creating further problems on earth because the little children are becoming over-cloaked with adult spirits and then those adult spirits are influencing those children to have a life that they would not normally have chosen. This is not in harmony with love of those particular people. So even though you had an idea of what the truth was it does not mean that your idea was correct. And unfortunately when there is any incorrect idea it causes further problems on earth.

[00:32:30.21]

Mary (Gloria):

There is much discussion amongst us now.

2.5. *Progression to higher spheres in the spirit world occurs by growing in love*

[00:32:37.22]

Jesus:

I'm happy to answer any further questions that you have but I would also like to show you how to progress to these other locations.

[00:32:54.10]

Mary (Gloria):

How is this possible?

[00:32:57.17]

Jesus:

Remember I said that each area in the spirit world is a new condition of love?

[00:33:09.05]

Mary (Gloria):

Yes.

[00:33:11.05]

Jesus:

That means that to get to the new condition in the spirit world there has to be a transformation in love inside of yourself. Currently many of you or all of you believe that you are already loving.

[00:33:37.18]

Mary (Gloria):

Yes, this is something we have known. However now there is much confusion.

[00:33:49.16]

Jesus:

The reality is that your definition of love is different to God's definition of love. God, who created the universe and all of the things in it, has made a whole series of laws surrounding love. In the process of doing this God has given each of us the free will to decide to be more loving, but that is going to mean being humble enough to see when we're being unloving. Because you have closed yourself to new teachings these things have not been able to be presented to you before. Can I ask how long you have been in the spirit world?

[00:34:57.24]

Mary (Gloria):

Three hundred years approximately. Myself, three hundred years but there are others among the group who have been longer, and we have learnt from those people. Some others in the group have been here for a shorter time and we are teaching them.

[00:35:23.19]

Jesus:

These spirits who came to you – many of them have lived much longer but they look completely different to yourself. They are much, much younger in their appearance and more beautiful looking. This is a result of the love that is in their soul.

[00:35:54.10]

Mary (Gloria):

As you say there is much for us to think of now.

[00:36:01.28]

Jesus:

May I make some suggestions with regard to the course of direction of investigation?

[00:36:12.25]

Mary (Gloria):

Yes.

[00:36:14.24]

Jesus:

Did many of you believe there was a God?

[00:36:24.14]

Mary (Gloria):

No.

2.6. *Most people who believe they are reincarnated are over-cloaked by spirits*

[00:36:28.14]

Jesus:

What did you believe before you passed into the spirit world?

[00:36:36.15]

Mary (Gloria):

This has changed somewhat since I entered the spirit world because I learnt from others who were here surrounding this issue of reincarnation. When I was on earth I was aware of having the experience of other lives, memories, and when I entered the spirit world many educated me on what was happening.

[00:37:23.10]

Jesus:

But unfortunately you were not told the truth of these memories, because these memories were the results of these spirits over-cloaking you while you were on earth. During this connection they told you about their life and then you assumed that their life was yours.

[00:37:57.08]

Mary (Gloria):

Again this is much to consider.

[00:38:01.01]

Jesus:

May I show you some of the spirits who over-cloaked you?

[00:38:08.00]

Mary (Gloria):

Yes.

[00:38:09.07]

Jesus:

What we'll do is we will ask one of these bright spirits to find those spirits who over-cloaked you, and if they are willing they will bring those spirits to you now.

[00:38:29.01]

Mary (Gloria):

There are some here already.

[00:38:32.10]

Jesus:

Now if you question them about their life you will find that it is exactly the same as the memory you thought you had about your own life.

[00:38:46.10]

Mary (Gloria):

I see this already. This is a revelation.

[00:38:53.12]

Jesus:

You see many spirits in the spirit world have for a long time believed in reincarnation. So they over-cloak the next generation of people on earth and they teach them the same things they themselves have learnt but unfortunately those things they are teaching are incorrect. It is just their understanding of it but it is not the truth of what happens.

[00:39:32.13]

Mary (Gloria):

Yes, we felt this was our loving duty to guide those of our family who were still on earth to understand the truths.

[00:39:51.16]

Jesus:

But before we can explain a truth to somebody we must make sure first that we know the truth ourselves.

[00:40:04.25]

Mary (Gloria):

Yes, and I myself am feeling some sadness, some sorrow now because I learnt from many here what I believed was truth and now I feel some concern that this was not truth.

[00:40:36.02]

Jesus:

And you are right to be concerned, but it is very important now to discover the truth, not only for yourself but also for the people whom you may teach.

[00:40:56.05]

Mary (Gloria):

Yes.

[00:40:57.26]

Jesus:

We have learnt so far in this discussion that there are layers in the spirit world that are all separated by love and we have also learnt that you can progress to the new condition without returning to earth as long as you grow in love. So there is no need for a seemingly endless cycle of lives on earth because you can progress without coming to earth at all. As long as you have incarnated once on earth you can then progress in the spirit world.

[00:41:57.11]

We have also learnt that every new baby has its own spirit body and it would not be right for a spirit to influence that body because each new child has its own will and therefore should exercise that will in its own way without being influenced.

[00:42:27.24]

Mary (Gloria):

But this is occurring so much.

[00:42:33.11]

Jesus:

I agree; billions of people are doing this on earth, yes.

[00:42:39.18]

Mary (Gloria):

Yes.

[00:42:41.23]

Jesus:

And because it's happening to billions of people on earth, many people on earth now believe in reincarnation. But if there is no need to return to earth in order to progress, then this constant cycle of over-cloaking children on earth is very damaging, not only to the spirit who is over-cloaking the child but also to the child itself.

[00:43:23.10]

Mary (Gloria):

There is much for us to consider in what you have said.

[00:43:29.28]

Jesus:

May I continue to discuss a few more things with you though?

[00:43:35.21]

Mary (Gloria):

Yes but there is ...

[00:43:39.10]

Jesus:

I know all of you are feeling quite agitated and there are emotions coming up now in you where you feel sad and confused. But if I can give you some help to go through those emotions that would be good.

[00:44:03.10]

Mary (Gloria):

Okay.

2.7. *How to progress in love rapidly in the spirit world – by connecting to God*

[00:44:06.03]

Jesus:

Remember I said that to go to the new conditions in the spirit world there needs to be a growth in love? There are two ways to grow in love. One way is the methods which you have already been experimenting with and another way involves God, who does exist and who has constructed the entire universe.

[00:44:46.09]

Mary (Gloria):

Okay.

[00:44:47.08]

Jesus:

The slow way of progressing is the way that you have already been doing. The fast way of progressing is to progress with God.

[00:45:02.18]

Mary (Gloria):

So you mean that the slow way is to attempt the reincarnation and to stay with the earth and the fast way is to go in the direction of God?

[00:45:28.01]

Jesus:

I can feel that you are not very convinced but let's talk about this more. There are many religious ideas on earth but very few of these religious ideas are the truth. The reason why this has occurred is that there are many spirits in the spirit world who have put these ideas into the minds of men on earth. It is far better to connect with God who created all things in order to find out the truth. When you do that you have the ability to actually receive truth very rapidly and therefore to progress very rapidly in love.

[00:46:36.07]

If I could describe the process which is very simple to understand.

[00:46:45.04]

Mary (Gloria):

Yes, if you can be quick because there is much confusion; there is much that we need to discover from what you have said.

[00:47:01.05]

Jesus:

Well this just involves a short experiment with God. The way to communicate with God is from your heart. At the moment many of you are feeling feelings of sadness about teaching other people untruth.

[00:47:29.14]

Mary (Gloria):

Yes, many.

[00:47:31.06]

Jesus:

If you can now allow yourself to feel these feelings that you have of sadness and ask God to help you feel them and ask God to help you to go through the feelings so that they are no longer in you, and ask God for some love to help you through this process. But it has to come from the heart; it cannot come from your mind.

[00:48:13.28]

Mary (Gloria):

Yes we see.

[00:48:16.17]

Jesus:

Now if you allow yourself to do that just for a moment you will notice that there is light now that starts to enter you; already many of you are crying as this light is entering you. If you allow that to continue to occur and you observe that in each other you will see that the spirit body of each other has become brighter. So this is involving your feelings and allowing yourself to feel your feelings even if they are bad.

[00:49:11.27]

Now the bright spirits that I brought to you in the beginning, they understand this process of engaging God and having a relationship with God. I would suggest to you that you listen to them more carefully about how to engage that same relationship. You'll find that your own happiness will improve after you have had some grief to feel. You will also notice that you'll become more soft and feminine and this is a result of releasing from you some of the bad feelings you have from the earth life.

[00:50:11.13]

Mary (Gloria):

There is some distress amongst us about the level of the sadness. I do not wish to display this in front of others.

[00:50:25.26]

Jesus:

So you'd like to go.

[00:50:26.29]

Mary (Gloria):

Yes please.

[00:50:33.25]

Jesus:

Can I say you can return at another time and we can discuss this further?

[00:50:37.17]

Mary (Gloria):

This is possible.

[00:50:41.05]

Jesus:

Just allow yourself to feel your emotions now and there'll be time to find out more about the truth in time.

3. *Discussion about the channelling*

[00:51:07.00]

Jesus:

The truth is that many spirits do not understand what they are doing when they try to reincarnate. As a result of that they over-cloak children on earth and they often remain over-cloaked to that child for the rest of the child's existence. Some of them actually over-cloak the child while they're in the womb of their own mother. As a result of that many children have genetic defects and other problems due to the spirits interfering with the energy systems of the spirit body of the child. And this is what these spirits could see occurring on earth after I explained it to them.

[00:52:20.14]

Many of you have questions about this, which I think we shall answer and after we will do another channelling if you're feeling up to it. What we will do now is Mary can relax for a while and I can answer your questions about the channelling that was just experienced.

3.1. *Understanding the truth protects us from being over-cloaked*

[00:53:18.08]

Participant Female:

How do we protect ourselves from the friends of these spirits?

[00:53:23.08]

Jesus:

This is a very important discussion that we need to have, that involves a number of things. The primary way to protect yourself is to understand the truth. When you believe in things that are erroneous you open yourself up to influence from spirits without knowing, and then often those spirits influence you for the rest of your life. So what we need to do during the discussion we are going to have soon about spirits, is talk about what is actually happening and how you can assist yourself to stop it from happening. But we'll do that in a discussion format because there are many sides to that question.

3.2. *An example of a child with Down syndrome*

[00:55:20.18]

Participant Female:

I have a son with Down syndrome. I'd like you to repeat the explanation for that.

[00:55:36.01]

Jesus:

Many genetic problems – of which Down syndrome is one – are caused by a mixture of the parents' emotions attracting a spirit who then over-cloaks the child while the child is in the womb. This then influences the genetic development of the child in the womb.

[00:56:16.27]

Participant Female:

So I attracted a spirit that wasn't good? A sick spirit?

[00:56:23.25]

Jesus:

Yes basically the spirit is a sick spirit. But it is not just the mother who attracts the spirit; it is both the mother and the father.

[00:56:43.10]

Participant Female:

So we attract a spirit that wasn't nice, who was also sick?

[00:56:47.09]

Jesus:

That's correct.

[00:56:53.14]

Participant Female:

He died when he was four so is his spirit still sick?

[00:56:57.06]

Jesus:

Your son died when he was four?

[00:57:01.24]

Participant Female:

Yes he died when he was four. He died from heart surgery. Is his spirit still sick? Is he going to reincarnate in sick children?

[00:57:33.24]

Jesus:

Your son has been looked after, nursed by a spirit who was of higher development who knows the truth that there is no reincarnation. So your son has not attempted to reincarnate into another child. When your son passed over into the spirit world he saw the spirit who had over-cloaked him all of his life on earth. The spirit who over-cloaked him while he was on earth is still attempting to over-cloak other children, but your son has not attempted to over-cloak another child because your son knows the truth.

[00:58:59.01]

Participant Female:

If it was my and the father's mistake, if we had our child younger could we have done it in a different way, so as to not attract those spirits?

[00:59:11.02]

Jesus:

Very good question! The main problem that many people have on earth is that they are opening themselves up to much spirit influence without knowing how they open themselves up. They believe that they open themselves up by some kind of intellectual intention, but that is not true. The way you open up to spirits is through unhealed emotional conditions inside of your soul. What I would like to do today later after we have discussed this issue of reincarnation, is discuss how to stop this influence from the spirit world occurring, but that is detailed information that I need to give you.

3.3. *A large number of children are born on earth with spirit attachments*

[01:00:38.05]

Participant Female:

Are all children over-cloaked by spirits when they are born?

[01:00:44.28]

Jesus:

It generally does not happen to every child that is born, but the reality is that on the earth today a very large majority of children are born with spirit attachments. These spirits range from spirits who are religious to those who are into New Age belief systems. So when I mention religions I'm referring to the Christian religions, and also the Buddhist and Muslim religions, right through to people who have no beliefs whatsoever about a God or a spirit world. In fact I have met many people who believe there is no spirit world who are over-cloaked by a spirit telling them that. Unfortunately many of us are very open to this influence and as a result of that we don't even know half the time whether our life is our own or not.

3.4. *The purpose of incarnation is to experience life and learn*

[01:02:19.12]

Participant Male:

What is the reason for incarnation? Why do some babies die when they are stillborn or a month old, while others live up to a hundred years?

[01:03:20.16]

Jesus:

The main purpose of incarnation is that we begin a life experience. During this life experience we learn about ourselves and also about the universe that God has created for us to play in. So God provided, through Her love, this beautiful process of learning how to discover yourself. This process begins on earth but continues through the rest of your existence all through different areas; what you would call dimensions of the spirit world. And each dimension, including the physical universe, has been created by God in order for us to learn things that the next dimension uses. Unfortunately many people on earth never learn the things God intended them to learn on earth and so when they enter the spirit world they find life very difficult for a period of time.

[01:05:15.08]

Now sometimes that period of time is a short period of time, like a few years but other times, like these spirits that Mary just channelled, three hundred years may go past without them changing. This is the result of false beliefs that are on the earth that are then carried with us into the spirit world.

[01:05:48.01]

Many people on earth believe that when you pass over into the spirit world you automatically know all things, but this is a very, very damaging untruth. Generally the only thing you know more than what you knew when you were on earth is that you have passed, and that is it. Substantially you are no different to the person you were when you were here.

3.5. *Spirits surrounding babies contribute to stillbirths and miscarriages*

[01:07:33.03]

Jesus:

The reason why many miscarriages and stillbirths occur is because of the emotional conditions in both the parents and the spirits that surround the child at birth. Before the time of birth, before the nine months has finished, often the amount of emotional influence upon the new child is so great and unpleasant for the child to experience that the child spontaneously miscarries. As soon as the soul and spirit body of the child leave the physical body of the child, the physical body immediately dies.

[01:08:43.23]

Sometimes these events occur soon after birth and the main reason why this is the case is because of spirits like those to whom we were just talking. Many of the spirits are surrounding the child at the time of birth, trying to reincarnate back onto the earth through this child and as a result these unpleasant connections cause the child itself to feel much distress. As the child feels distressed it then feels like it does not want to stay on earth, and many times it dies soon after.

[01:09:46.19]

Participant Female:

Maybe even after one month of pregnancy?

[01:09:49.28]

Jesus:

Many times it can occur even up to two years after pregnancy and birth, but if the child has survived longer than two years then often the child has become so used to the influence from the spirit world that the child accepts this as a part of itself.

3.6. *What happens to children when they die*

[01:10:32.10]

Participant Female:

What happens to the baby after they pass after just one month into the pregnancy?

[01:10:39.03]

Jesus:

Let's describe what happens to all of these children. The majority of these children, because they are newly born children who are all in their first incarnation on the earth, they are not highly attached to the earth. Nursing spirits who are of high spiritual development, who have a lot of love for the child, nurse the child in a place that is called Summerland. This place called Summerland is in the top of the first dimension of the spirit world. It looks very similar to earth in many ways; it has the same beauty as the most beautiful place on earth. These nursing mothers care for the child who has been from the earth for as long as the child desires that care. When the child decides that it no longer wishes to have that care then the child exercises its own will to go where it wants to in the spirit world. But where it can go will depend totally on its own development in love.

[01:12:37.04]

I have spoken to many millions of children who have had a very, very short life on earth due to diseases from over-cloaking of spirits. Many of them make the transition from the first dimension into the second dimension and then they make their own choices as to whether they want to connect with God or not. If they connect to God then they progress very rapidly through the spirit dimensions but if they do their own thing in self-reliance then they progress quite slowly up until the sixth dimension, and then they cannot progress beyond the sixth dimension without connecting to God. So that's what happens to our children when they die early.

3.7. *The reason for different life spans on earth*

[01:13:50.19]

Jesus:

Now another part of the gentleman's question was why is it that some people last one hundred years while some die very quickly. This is completely dependent upon the emotional condition that surrounds the person's life. There are severe influences upon the child from the spirit world or if the influence of the environment into which the child incarnates is negative in its nature, then the child will attract diseases or accidents throughout its life much earlier than it would normally do so and so therefore they pass before, as we call it, their time.

[01:14:57.27]

If a person has had very little influence most of their life from spirits, or they have found the spirit influence very acceptable to their own existence, then they will last a much longer time on earth. The reality is that none of us need to die at all; we all have genetic structure that replicates itself every seven years. As long as there are no spirits or emotions from ourselves interfering with the process, we have the ability to live hundreds, or even thousands of years on earth.

[01:15:53.03]

I have spoken in the spirit world to spirits who have lived almost one thousand years on earth, but this was very, very early in the development of this earth and nobody since then has lived that long. The emotional condition and the spirit influences increased over time and earth became very degraded in its condition and this causes much of our physical pain and suffering on the planet.

3.8. *Using medical treatments with the assistance of mediumship*

[01:17:18.13]

Participant Male:

I'm a physical therapist and I work with sick children and neurological diseases. I have interactions with many children and many families so can I be influenced by these spirits? How can I protect myself from this influence?

[01:18:02.12]

Jesus:

There are a number of things happening for yourself. There are guiding spirits who are guiding your profession, who are attempting to show you the child's pain by causing pain in your physical body in that location; this is the area that they are trying to show you that you need to look at. Oftentimes these children have spirits connected to them in that location and this is causing their pain in those locations. So sometimes when you examine a child and see no physical problem but the child is experiencing pain, it is due to these spirit influences.

[01:19:02.09]

In addition, these spirit influences often cause the child to have accidents in these particular parts of their bodies. Sometimes there is a strong correlation between the accident and the pain and the spirit who is involved. One way to handle these particular medical problems is to involve a medium who understands the relationship between the physical pain and the spirit causing it, but the problem for many mediums is that they do not believe in these particular problems so it means finding a medium who is open to that belief.

[01:20:00.11]

There are many great things that the medical profession could achieve if they understood the relationship between spirits and the causes of many diseases and problems on earth.

[01:20:27.01]

Participant Male:

Is it very useful for me to evolve spiritually like a medium and become more mediumistic?

[01:20:33.06]

Jesus:

Yes. Your personal guides are very passionate about helping you come to understand these particular relationships. Many doctors and people in the medical profession become quite frustrated with what is happening, particularly to children, but also adults in their care. And many times their spirit guides are trying to tell them what they could do to help the situation. The more you allow yourself to be open to the influence of your guides, who are very kind guides, the more effective you will become in the way in which you use your profession. It will be quite beautiful. Many people will come to you as a result, not understanding that you've been given much information from the spirit world to help.

3.9. *Past memories are usually created by spirit attachments*

[01:22:38.12]

Participant Male:

A spiritual master said some years ago that when we're born there is an angel that silences with a touch on our lips and we forget about our experiences. But we can access these memories in spiritual practices.

[01:23:28.13]

Jesus:

I feel you do not yet understand what is really being said to you today. The reason why is that these children that are being born have not had a previous existence, nor do they have memories. All of the memories of previous lives that come to them when they are born are the results of spirits over-cloaking them. The teaching that the angel comes to silence or clear the memory is just a way the spirits use to justify their behaviour and also to cause us to believe in reincarnation when we do not have memories.

[01:24:35.14]

These spirits who come and do the silencing of the child are not really performing any service whatsoever; instead they are creating more untruth on the planet. I have in the past spoken to many millions of these spirits and after a discussion they realise their error and then they stop performing these services. But unfortunately

other spirits take up the service in their place because there are many billions of people currently on the planet who believe in reincarnation, and when they pass over into the spirit world they engage many of the things they were taught on earth.

4. *Spirits' feelings and responses to the discussion*

[01:25:56.16]

Jesus:

Can we get the message from the women in the spirit world? And then we'll engage more questions.

[01:26:55.18]

Mary:

What happened was that the women went away and they started to deal with lots of these feelings that were coming up for them and there were other spirits observing the interaction that we had. One of the spirits was someone who spoke with us last night, but I felt very nervous to channel him today, and that was Chico Xavier. After we had the discussion with the women, many of whom felt that they were guiding you –the people in the audience in their lives – Chico became very impatient. He wanted to hear the truth, the full explanation, about reincarnation because he passed into the spirit world with this belief and he has spent many years feeling lost and having questions because what he thought would happen didn't happen.

[01:28:25.07]

I explained to him that AJ's desire was to give a full explanation about the spirit world and reincarnation and he said after this discussion then he would like to speak with AJ personally but he could see it was important to have the explanation. Then all of the women who were guiding the audience came and stood with him and encouraged all of you in the audience to have the explanation because this would answer many questions. But they wanted to say that they could see that each of you has a burning feeling inside about your situation. So they're saying to you to have patience, breathe and hear this full explanation because they would also like to have it now and they can see that they need more information to answer questions.

[01:30:12.09]

Jesus:

You see many of our questions are selfishly motivated when it is far better if we can get a complete overview of the subject, which will answer many of our personal questions, and then we'll be left with far less questions to answer.

[01:30:43.17]

Mary:

And Chico says he has waited such a long time for precious knowledge and after the explanation then he would like to speak with everyone.

[01:31:11.17]

Jesus:

Would you like to do that? Yes. So I think probably what we need to do now is have a break and then we proceed with the discussion about reincarnation, as to how reincarnation can actually occur. Then we will give Chico the opportunity to talk with you through Mary.

The Truth About Reincarnation & Spirits

Single Session Part 2

[00:00:32.28]

Jesus:

What we're going to do now is – Mary will be channelling questions from Chico. If you can just forego your own questions for a while, we will be able to have a very concise presentation about reincarnation and Chico can ask questions that he has had for many years. In most cases it will cover many of your own questions.

We're going to be talking about “The Truth About – Reincarnation”.

5. *The process of incarnation*

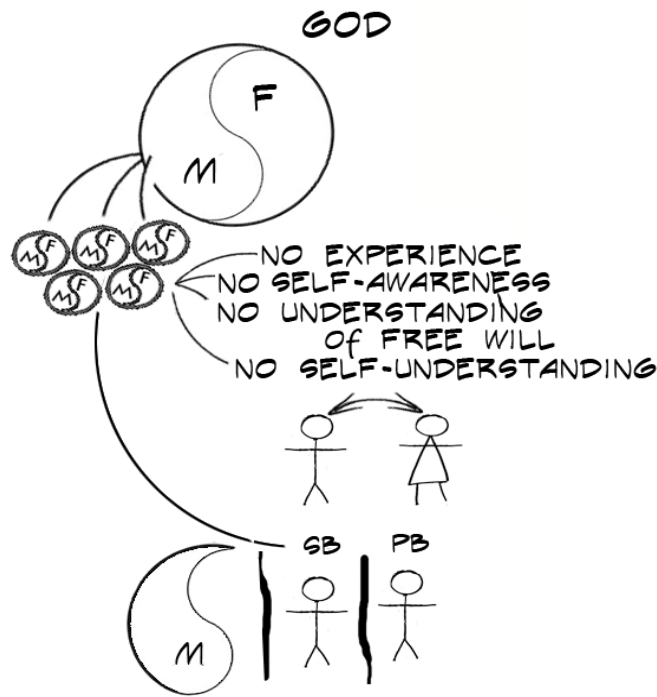
[00:02:49.17]

Jesus:

To understand reincarnation we must first understand incarnation. The word reincarnation implies that it's happening again; we need to go back to when it happened the first time so that we understand what exactly happens. This is what happens. Remember in the talk yesterday, “The Truth About – The Human Soul,” I described that God, who has masculine and feminine qualities, created many billions of souls, all of whom have masculine and feminine qualities. But the condition of these souls is such that they have no experience when they are first created. They have no self awareness, they have no understanding of their free will and they are yet to understand themselves and the reason they incarnate is to gain these things. During the process of incarnation they gain experience, they gain an awareness of their own personality, they begin to understand how to use their own free will and during this process they finish up coming to a more complete understanding of themselves.

[00:06:01.16]

To do this they must incarnate, they must come to earth and begin an experience. So the process of incarnation is to give this experience and they come to earth first because God created a human couple to be able to have sex in order to have a child. When they engage in sexual intercourse a child is conceived. At the moment of conception there are actually two bodies created, one body is a physical body and one body is a spirit body, and one half of the soul connects to those bodies. That is the process of the incarnation.



Incarnation occurs when a half soul attaches to a spirit body (SB) and physical body (PB) that have been created by a couple having sex on earth

[00:07:24.10]

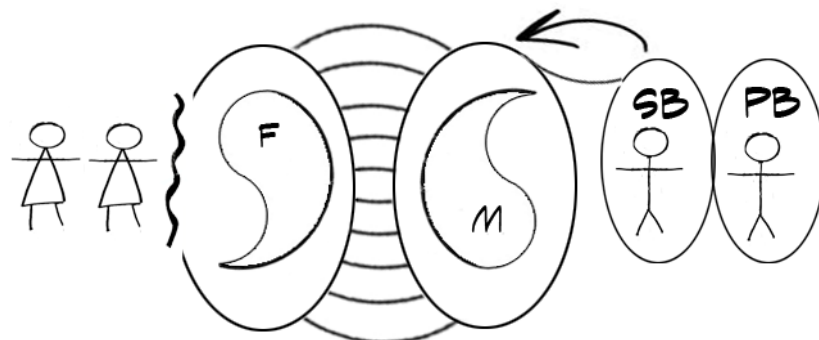
As soon as the connection of the soul and the bodies is made, from that moment, the child is experiencing. This connection happens a few moments after conception, and most women can actually feel when they are pregnant at that moment. The reason they can feel it is that they can feel the new child now surrounding them, and that is the soul of the new child connecting to the bodies that have been created.

[00:08:17.07]

Each body has a genetic code but each body is only a physiological system for the soul to express itself. The bodies are not the real person; the real person is the soul. The bodies are just a way in which the real person interacts with the world or the universe. The physical body is the way the body reacts with the physical universe and the spirit body is the way the soul interacts with the spirit world or I should say the spiritual universe. In the spirit world there are many universes that increase in love and therefore the spirit body grows in its expression of love.

[00:09:48.07]

But everything is dependent upon the soul. The soul is the real you, but it's only a half of the real you. Every person sitting here and every person who's in the spirit world listening to this is only one half of the real self. The other half of the real self is your soulmate and that person has their connection to their own soul and these two halves of the soul are always in connection with each other, even if the people who are living cannot feel it.



The two halves of the soul each have spirit bodies (SB) and physical bodies (PB), and are always in connection with each other

[00:11:01.14]

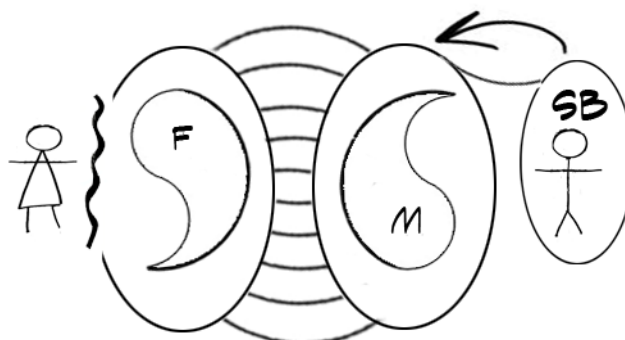
Mary (Chico):

Is this also the same when you are in the spirit world?

[00:11:10.07]

Jesus:

Yes it is exactly the same, with one exception: in the spirit world the physical body no longer remains connected since the physical body has died. When the physical body dies it just becomes of the elements of the universe through a process of decay. But as for the rest of our existence it's identical.



In the spirit world only the spirit bodies are attached to the soul

[00:11:53.00]

Mary (Chico):

So this part of incarnation is to become self aware?

[00:12:03.20]

Jesus:

Yes.

[00:12:13.05]

Mary (Chico):

Does this finish when we pass to the spirit world?

[00:12:18.03]

Jesus:

No, it will continue for the rest of your existence. However there are certain milestones in your awareness that will occur. These are very important times that occur in the progression that will become a part of your future life and without these particular milestones being achieved further development cannot happen.

5.1. *Soul progression through the spheres of the spirit world*

[00:13:03.16]

Jesus:

One of these milestones is becoming aware of God, and through the first seven dimensions of existence a spirit will eventually become aware of God. If that spirit then engages in a relationship with God they can make the transition between the seventh and the eighth dimension. In the first century I called that transition becoming at-one with God. Once a person becomes at-one with God they are able to continue to grow, but growth in the seventh dimension and above is not possible without God.

[00:14:20.14]

This is the very first incarnation that every person goes through. It is important to understand though, that progression is possible without losing your physical body. You can progress while you're on earth or in the spirit world. You do not need to leave the physical life in order to progress through these dimensional existences. And as you progress through these physical existences you will become aware of them even if you're in the physical life, and so then it becomes easy for you to converse with people who are living in those particular locations. Chico, when he was on earth, communicated with some of these people in these different locations, as do many other mediums that you have heard.

[00:16:27.22]

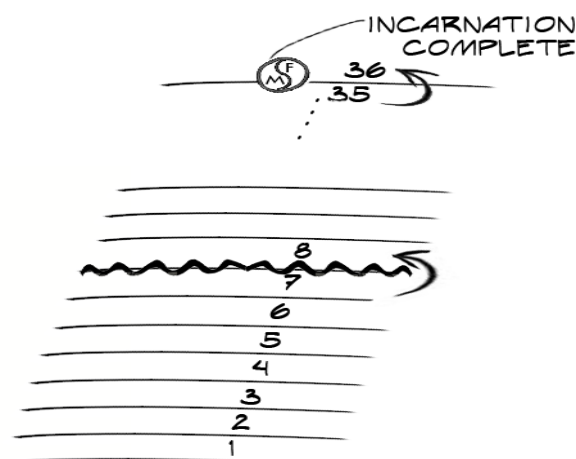
Now what I'm describing is our progression, not our death. Remember that death is the action of us really not progressing to the right extent, and what I mean by that is that death occurs because of the degradation of our soul. For many people, dying is not due to the degradation of their own soul, but rather the conditions that surround their soul. For example a young child may die for a different reason than an older person dies. But if a person grows to an older age, the only reason they start getting sick and die is their soul condition, and this specifically relates to their condition in love from God's viewpoint; not from their own viewpoint.

[00:18:18.07]

There are two ways that we can progress in love, and as we progress in love using one of these two ways, we will eventually transfer or go through different dimensional existences. If we progress without God and without a personal connection with God then we will be limited in progress to the sixth dimension of the spirit world. From then on our life experience becomes lateral. In other words we start experiencing many things without actually growing in love. To continue growing in love beyond the sixth dimension and to make that transition between the seventh and eighth dimension, which is actually called becoming at-one with God, you have to actually have a personal relationship with God.

[00:19:52.14]

Then we can continue to progress up until the 36th dimension, that I am personally aware of. There are many unique transitions between each of the dimensions, but between the thirty-fifth dimension and thirty-sixth dimension there is a special unique dimensional transition because it involves the two halves of the soul making the transition together. All of the other transitions up until this dimension can be made by one half of the soul alone, but the particular transition that occurs between the thirty-fifth and thirty-sixth dimensions cannot occur unless both parts of the soul do it together.



The different dimensions in the spirit world, of which there are currently 36, are separated by boundaries of love

[00:21:25.00]

At this point in time the soul becomes a complete unit again and you can say that there is a completion of the incarnation process. Once the soul is in the state of completion of the incarnation process it no longer needs the spirit body that was connected to it because the soul is now combined, and as a result it can now experience the universes without needing bodies. Once it obtains that condition it is possible to reincarnate and it will remember all of the processes of gaining that condition. In other words, unlike the teaching of reincarnation currently on earth where most people are taught that they will not remember their previous life, this soul remembers every single second of its life. Once we have obtained this condition we can describe the process of reincarnation.

6. *Channelling with Chico Xavier about progression in the spirit world*

[00:23:39.24]

Mary (Chico):

So I wish to thank you for this very informative knowledge, answering many questions. In my life I had very many encounters with spirits from the spirit world and in fact I often felt more at home and at peace with these brothers and sisters in spirit than I did with others here on earth. It was from them that I learnt a great many things and in fact without them I would feel that I would have been a lost man. It was from them that I believed that I understood the importance of love, and I can see from your discussion with Gloria and others that they often loaned me energy so that I could visit their homes in the spirit world. I had no idea however that so many worlds exist in the spirit world and I can see that for the time that I have now been in the spirit world myself, much of my confusion has come because I did not even go to the homes that I visited when I was on earth with my spirit friends. I found myself in a condition that was somewhat darker than this and I would like to ask where I was and why was I in this place?

[00:26:42.09]

Jesus:

This is something that happens to many people who are mediums on earth. They believe that because they share in experiences with spirits who are more developed than themselves it means that they themselves are well developed, and this is not the case. The reality is that many times the mediums, because of the associations with spirits and also their own unhealed emotional condition that exist while on earth, chose to do things while on earth that created their own arrogance and this caused a darkening of their condition. Many mediums when they pass over into the spirit world find that their own condition is quite dark in comparison to what they expected.

[00:28:32.07]

Mary (Chico):

I wish to give you my respect at this time for I can see that you have understood far more than I, and indeed I am still spending much of my time attempting to assist those on earth to gain knowledge which I thought was true. I have continued to consider myself a medium, only in this case I communicate now with those on earth and I attempt to communicate with others around me but have found this somewhat limited. Does this relate to what you say about my emotional condition?

[00:29:52.03]

Jesus:

Yes, it completely relates to what I would call the soul condition, which is an amalgamation of the emotions and your beliefs. The beliefs create limiting constructs upon the soul and cause the soul to shrink in its capacity. This is always the effect of error-based beliefs. It also creates restrictions upon the emotional capacity of the individual where they believe they are being loving, when the reality is that from God's perspective they are not, and this is a very important thing to understand in the spirit world if you wish to progress.

[00:31:02.17]

It is God's definition of love that we must finish up finding and then, when we find God's definition of love and practice it, we can then progress quite rapidly. But unfortunately many of us have become very hardened to God's perspective and we believe that what we think is right, is actually right. Often what we think is loving is actually quite unloving. Now when we are a spirit in the spirit world we are able to see the dark condition of our own spirit body and therefore see the effects of our own unloving condition. Any person who is brighter than me is automatically in a much better condition of love than me and this is something for you to be aware of because they are the person from whom you can learn.

[00:32:40.25]

Mary (Chico):

Thank you. I see that I myself have been experimenting with many issues since I passed here. As I said I had thought that I would go to a home similar to those that I visited when I was still on earth. There were many lessons that I learnt from those ones who visited me and took me to their homes, and I have learnt that when I focus myself on the lessons about love that they taught me that my body becomes lighter.

6.1. *Characteristics of the natural love path*

[00:33:44.00]

Jesus:

However, if I can address something with you about that? What happens is that you have been progressing on what I would call the natural love path. This kind of progress has limitations when you hit the sixth dimension of the spirit world. It requires using the intellect to act more loving and to remove from ourselves the unloving speech and actions that we take through the force of our own will. However it does not address the reasons why we are unloving in our soul. In other words I have to modify my own condition of love through the force of my will and I change my actions depending on how I use my will. This will cause me to progress but very slowly and sometimes I will have emotions come up that cause me to seemingly regress, and you have observed this.

[00:35:52.19]

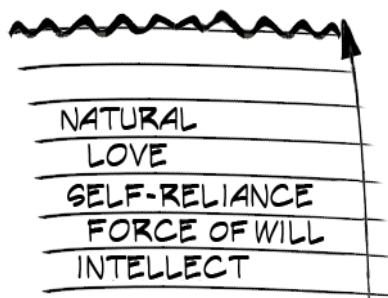
Mary (Chico):

Yes, this is what I wish to ask you about so you have assisted me somewhat already.

[00:36:03.20]

Jesus:

If I can explain to you the other form of progression, you will understand better how quickly a person can progress. The natural love path of progression, which you have been doing, is very self reliant and requires a force of will. It requires a changing of actions by using your intellect and you use your intellect to become more loving. This is a very slow way of progressing. The reason why it's so slow is that inside of the soul there are feelings pulling you towards unloving behaviour and you have to overcome those feelings and force your will to do something other than you feel.



The Natural Love Path

[00:37:28.11]

Mary (Chico):

And I can see now from what you explain that my problem has been that I have not known of the soul. So I have just seen my spirit body as myself and I have been acting in ways to cause brightness. But at other times I take other actions which make me dark and I did not understand this; I thought I must continue to change my actions. I am intrigued that there may be a different way.

6.2. *Growing in love on the Divine Love Path*

[00:38:18.18]

Jesus:

Yes, it is very important to understand this different way but to understand it we need to understand the soul itself. The soul is a container primarily of emotions and if these emotions have any hurt or fear-based feelings associated with them then we will feel drawn into acting in an unloving manner. This happens automatically without us even thinking.

[00:39:09.27]

Now it would make sense that if we could remove these unloving emotions that are the seed of our unloving actions then we would no longer need to try to be loving because the actual cause of the unloving behaviour has gone. This is what most people do not realise on earth; they feel that they can try to be more loving while at the same time having unloving desires. But it is far more effective to remove the unloving desire and then only loving actions are left.

[00:40:19.24]

Mary:

He's crying. He asks, why is he crying?

[00:40:25.28]

Jesus:

The tears that you experience are related to the emotion of repentance. When we begin to acknowledge our soul for the first time, we realise that we have suppressed our soul for most of our life, and we have huge amounts of grief about that, that we need to allow ourselves to experience. The beauty of experiencing this grief is that it flows out of us and that allows our spirit body and therefore our body and even our soul to progress. But most people on earth look down upon such emotion and so they never engage that process while on earth. They also resist the process when they pass over into the spirit world. There is even more though that we need to understand about the soul and this is the amazing thing about the soul that most people on earth have never experienced.

[00:42:03.04]

God desires a personal relationship with each one of Her children, and if the soul of each one of her children exercised their will to desire this relationship and long for God's Love to enter them, then this creates an openness in the soul of the person and God's Love can flow into the person. This is called the Divine Love Path of progression and in the first century I called it the "Way". The reason why I called it the Way is that it is the way God designed for us to have a relationship with God.

[00:43:08.21]

Once we begin receiving Divine Love, as we become aware and repentant for our unloving course of action, we can release the emotions associated with the unloving course of action. God's Love heals us of these particular problems and we become incapable of acting in an unloving manner. Instead of having to try intellectually to be loving, we have become loving through this interaction and relationship with God and through our own repentance and humility. I call this process the Divine Love Path.

[00:44:22.06]

This path of progression is infinite and does not cease at the sixth dimension. As far as I am aware it continues forever and as we progress further and further along that path we become closer and closer and closer to God's nature. God is still a separate entity to ourselves but we approach God's beautiful expression of love. During this path of course we also meet the other half of our soul. The other half embraces the same process as ourselves and we can re-amalgamate with our soulmate in a condition of extreme brightness and love. That is the completion of the incarnation process.

[00:45:47.02]

Now that completion is not possible if we follow this intellectual path and it's not possible if we force our will to change the unloving behaviour. It's only possible through a process of feeling our emotions and having humility, a desire for truth and a desire to feel everything that is in error. If we follow that path we have this beautiful future of everlasting growth. If we follow the natural love path we are limited in our growth. So it is not about religion, it's not about belief systems, instead it's all about love and how loving we become. We can retain belief systems and as long as those belief systems are loving can continue to progress. But it cannot be our definition of love; it is only God's definition of love.

[00:47:29.21]

Now I haven't yet explained re-incarnation, I've only explained the process of the very first incarnation. Are there any questions you have about that process before I proceed with reincarnation?

[00:47:53.29]

Mary (Chico):

I have understood many things and I have understood suddenly that there are many seeds of bitterness inside of my soul that I have avoided through my beautiful relationships with spirits and with the Brazilian people. I had thought that I could grow in my love whilst still avoiding these things, but I suddenly realise that my capacity to love these ones will be far greater if I heal these things. So I thank you.

[00:48:52.19]

Jesus:

It's my pleasure. The interesting thing too is that it will not require such a strong force of will. Once these seeds of unloving behaviour are removed then you'll automatically be more loving. It's almost like a relief. This is the trouble with many religions on earth; they believe that they can force the will without changing the real cause

within the individual as to why they are unloving. And so they make a heap of laws, but all these laws are just ways to avoid the underlying emotion that is still present. These religious laws become firmly entrenched and the people practising these religions believe they are becoming more loving while the seed of their unloving behaviour remains within them. It's a very important thing to understand.

[00:50:32.22]

The second – and I feel even more important – thing to understand is that you can engage this process with God through repentance, and allow the sincere feelings of sorrow to become present and receive Divine Love. That process will transform the soul. Once your soul is transformed to the extent that it can be and your soulmate engages this same process too, then you can also have the beautiful future of merging with your own mate in a fully conscious state.

[00:51:38.11]

When the incarnation process began, you were not conscious of your own relationship with your mate but by the time the incarnation process completes you are fully conscious of your relationship with your mate. Historically no one on earth has ever experienced that state, but we hope in the future to demonstrate that state on earth. But that is all the incarnation process and not the reincarnation process. So what I'd like to describe is the re-incarnation process.

7. *The process of reincarnation*

[00:52:43.11]

Jesus:

Once the soul merges in a state called the soul union state, it is possible to reincarnate, although the way this occurs is different to what people on earth imagine. Now we have the soul in the soul union.

[00:53:58.02]

Now we have some parents that are living on earth; these people can be in their first incarnation or any incarnation. These people have sex with each other and create a child just as before. The child that is created of course has two bodies, a physical body and a spirit body, exactly the same as before as if it was in your first incarnation. The reason why it occurs this way is that sexual union automatically creates two bodies – the spirit body and the material body – every time

[00:55:08.28]

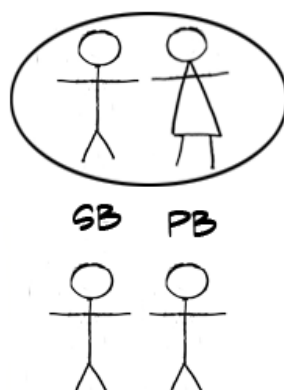
Mary (Chico):

When conception occurs or every time you have sex?

[00:55:15.19]

Jesus:

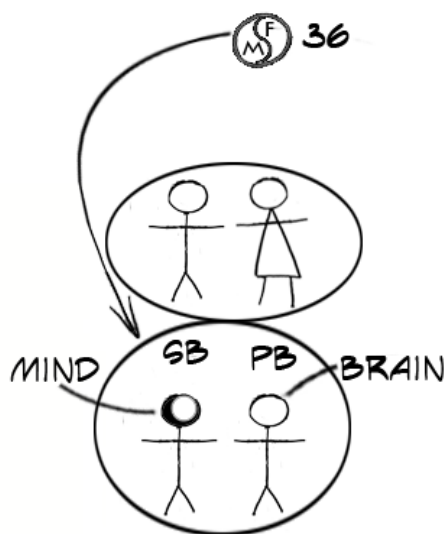
When conception occurs. Every time you have sex, conception may not occur but when conception does occur then two bodies are created genetically and you as a spirit can actually examine the creation of both bodies.



When a couple have sex and conception occurs, a spirit body (SB) and physical body (PB) are automatically generated

[00:55:44.24]

Now one half of the soul in the soul union condition is able to remain in its current state, and the half can connect to that body without incarnating. These two bodies that the soul connects to, have their own brain and their own mind. The brain is in the physical body and the mind is in the spirit body.



Reincarnation occurs when half of a soul in the soul union state in the 36th sphere connects to a spirit body (SB) and a physical body (PB)

The spirit and physical bodies have never experienced life, just like they have never experienced life during incarnation. Remember it's the connection of the soul that maintains the life of those bodies. The soul in the soul union condition in the 36th sphere is able to maintain the life of both of those bodies without having to come to earth to connect to a body.

7.1. *Love is the only reason to reincarnate*

[00:57:11.11]

Mary:

My question from many of the spirits is, "Why? We understood that with the first incarnation it's about becoming aware. Why do this again?"

[00:57:31.18]

Jesus:

"Why" is the most important question. There is only one reason why – to be able to express more love to the world and the lowest sphere environment. This is the only reason a person would reincarnate. And the reincarnated person will also have many things to address and deal with, because the mind of their spirit body is not able to prevent the absorption of more negative emotion. So for this soul to maintain a connection with the body it must be open to emotions coming back into the soul that are less than its own condition. This is an act of love in itself. Then as a result, this soul will have to go through a process of releasing more emotions and this will be much more painful than what it experienced in the first incarnation, because the difference in connection between where the soul exists and the earth is thirty-five dimensions and therefore thirty-five different improvements in love. As a result the soul of this person will go through extreme pain.

[00:59:50.04]

Mary:

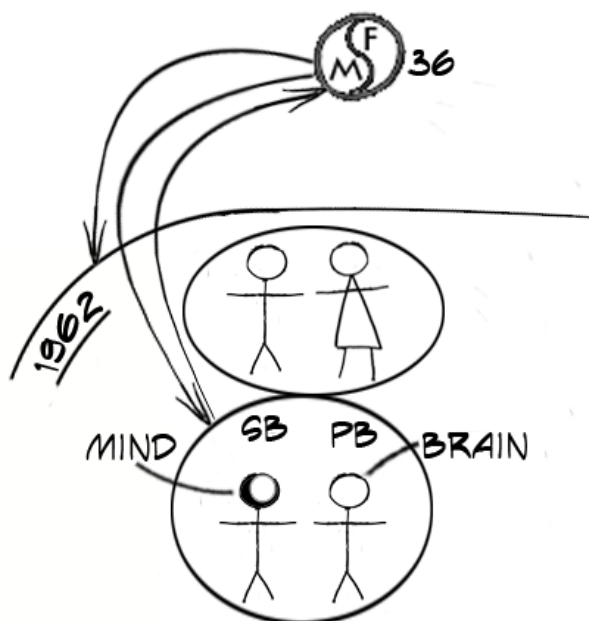
Do they have to do this?

[00:59:55.15]

Jesus:

They do not have to do it to progress and there is only one reason why they would do it and that is to come down to earth and express their love again. That is the only reason they would do it. In addition, the mind of the spirit body is a completely new mind. It has no memory of this soul's experience and therefore in order for this reincarnated person now to progress, this mind needs to be open to this soul's experience. That is controlled by

the will of the soul and this is a very psychologically difficult process. At this stage only one person has begun that process properly and at this stage there are only seven complete souls who have gone through this process, and they have not completed it; it is just an experiment.



The first person to reincarnate (Jesus) from the 36th sphere to the first sphere on earth, in order to teach love, did so in 1962

[01:01:30.08]

The first person to reincarnate did it in 1962 and since then over a period of thirty years a few others have done it. All of them are going through extreme psychological distress but once they clear through that distress, their own soul will connect with them completely and you'll see the connection reflected in their spirit and physical bodies.

8. *Reasons people believe that they are reincarnated*

[01:02:23.08]

Mary:

There are two groups of spirits. Chico and Gloria's group feel a lot of gratitude; they're very happy and they're dealing with what you've said. But now there are all these other spirits asking how do you explain their experience?

[01:02:51.24]

Jesus:

This is a very important question to resolve because there are reasons why people on earth do believe in reincarnation. However they do not understand why there are feelings of reincarnation without the knowledge of this process, and I can explain the reasons why to them.

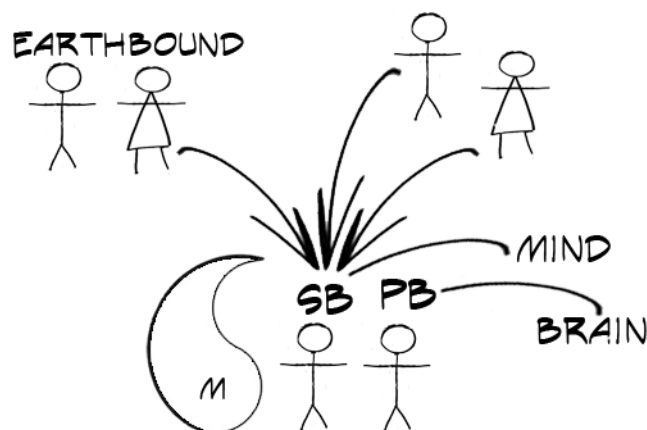
[01:03:30.10]

When we incarnate onto earth we are a half of a soul connected to the physical body and the spirit body. Surrounding us is a whole set of emotional and environmental conditions. This causes the Law of Attraction to operate and causes people who are in the spirit world, who are what is classified as "earthbound", to be attracted to associate with the soul. But they do not know of the soul's existence so instead they connect to the spirit body of the person – remember that the spirit body of the person has the mind, and the brain is in the physical body. As these spirits connect, they transmit information. Many of them are just trying to transmit information about themselves; they want to have a relationship and they are telling this person about themselves. And then as they are telling this person on earth about themselves the person on earth begins to believe that the information is about himself rather than about the spirits who are over-cloaking them or with them. If the person on earth continues in this belief, then these earthbound spirits can transmit more and more information and this causes

the person on earth to believe that they are those people, spirits. This establishes a very close bond between the spirit and the person on earth, and this is what is happening and this is why many people believe they are reincarnated.

[01:06:37.24]

Now because many different spirits can come and connect in this way, the person begins to believe they are many different persons from the past when the reality is that spirits are just talking to them. Interestingly the truth is far more simple than the subsequent explanation of reincarnation.



Earthbound spirits give information to the minds of people's spirit bodies (SB), making the person believe that they are reincarnated

[01:07:16.20]

This is the main reason why many people on earth believe in reincarnation. And because of the different addictions of the individual on earth; such as a desire to be special, a desire to be acknowledged, a desire to being known, the person then allows this information to become a part of their life. If the person instead communicated with the spirits and asked questions of them, they would soon find out that these spirits that they are talking to had nothing to do with their own life, aside from the fact that the person attracted them. At some point we would like to describe how they attracted them.

[01:08:29.20]

Now many in the audience are becoming very restless. The reason why is that your soul is having some kind of response to the information I've given you and the spirits with you are very concerned about this information, because the spirits with you know that if you know about this you'll be much more aware of their control over you. They also know that if you become more aware then you'll probably want less association with them, and the only way they can gain satisfaction in their current life is by having this connection with you. They want you to be very, very questioning about what I am teaching. This is why it's very good to involve our spirit friends in this discussion because they can see the truth of what is happening as they have been involved in it from the other side.

[01:10:06.05]

Now many of them then worry that they will be punished in some way but the reality is that God does not punish anyone. However there is a penalty for breaking any of God's Laws and in particular there is a feeling in the soul that is created when we break the laws of love. If I have been a person who's been influencing another person without their knowledge, then it would make sense that I would at some point need to feel some sorrow about that decision because I have been attempting to control the other person and prevent them from having their own life. All the spirits need to do is allow themselves to feel the grief that exists within their own soul as to why they chose to over-cloak the people on earth. Once they feel that grief, they can grow in the spirit world and be in a much happier place, and then they will not need to worry about the earth so much. They will let people on the earth live their own lives without being pushed around all the time by the spirits.

9. *The process of working through emotions*

[01:13:03.20]

Participant Male:

Since college, I've chosen a field of work that focuses a lot on emotions and feelings. During my work I have been experiencing what you have been explaining about the freeing feeling of when you release your emotions. I've also observed that it's not easy to help people during this process and many times it's hard for me to go to get help from people. Some of the reasons are pride, the ego and such things. I'd like to know how we can help ourselves and other people. From listening to you it sounds simple but I'd like some practical direction of how to help.

[01:14:53.08]

Participant Female:

How to heal the soul's wounds.

[01:14:59.21]

Jesus:

Firstly can I say it's simple but not easy? Easy and simple are very different. The main reason it is not easy is that the world in which we live is geared against emotions and in fact most of the time we condemn emotions of certain types, and this of course prevents us being able to feel.

[01:15:45.26]

What I would like to do is describe something that we need to understand about emotions. It's based around one single truth and I stated this truth in the first century many times. I've also said it many times in this life and very few people understand me yet. I said you must become as little children to enter the Kingdom of God. What I meant by that was that a child does not use its intellect in order to experience emotion; the child just has the experience but as adults we judge the child having the experience and we shut the child down from the experience. In addition what we do with the child is then cause it to engage in addictions and these addictions help us personally as adults to overcome our own fears and so the child becomes manipulated into an environment where it is unable to experience its emotions as it would normally do.

[01:17:41.20]

The primary part of humility is to become like a little child with your own emotions. That is the basis of all emotional understanding. Without that basic understanding everything that is said about emotions will basically be filtered through the intellect and this intellect stops the emotional expression. It turns it into an impure state and therefore the real emotion never gets released. In addition our addictions cause us to desire only certain emotions and we reject other emotions that we feel are not correct, or emotions that we feel are hard to feel, and this process causes us much damage.

[01:19:07.16]

What I would like to do just briefly is outline the process of dealing with emotions. Understand that this is not an intellectual process but rather a process that has to be engaged with your feelings. Initially this takes much practice in order to achieve because we are always wanting to go back to our head and we want to avoid the feeling. So let's just briefly describe the basic flow of emotion.

[01:19:57.16]

It starts with grief. Grief is a much more powerful experience than sadness. It's extreme expressed sorrow. It is not sadness that is just sitting in yourself that you don't express; grief is where you are overwhelmed with the emotional experience of sorrow, extreme sadness that is fully expressed. When we do not express it we are just holding on to it and we call ourselves sad but we are actually not releasing the emotion. We must go through a cathartic release in order to heal.

[01:23:08.15]

Participant Female:

So it's not the pain of the world; it's just your pain?

[01:23:10.22]

Jesus:

It's just your pain and in fact this is a very important point to realise. If you are experiencing the pain of the world, then you're avoiding your own pain. This kind of emotional pain will be an overwhelming personal

experience. It takes you over completely and after it is complete you feel a sense of wellbeing, and you know that you will never need to experience it again. The emotion has been completely removed from you.

[01:24:23.17]

Participant Male:

There are certain cases where catharsis does not solve the problem. Sometimes a person goes through a catharsis, expresses part of this emotion but they do not want to resolve it completely. Sometimes it would be better to help them resolve it if they want to resolve it.

9.1. *Emotional releases are only complete when we accept God's Truth*

[01:24:55.22]

Jesus:

The main reason why people do not want to resolve things is because of their fear, and their fear is often present even when they are having cathartic reactions. Unless the fear and the addiction that the fear creates are actually released from the person there is no completion to the catharsis. Also I would like to describe what goes on top of this. Also I would like to say: if we go through a cathartic process without doing a second more important thing, then we will not be healed, and this second more important thing is to emotionally accept God's Truth about the situation. This is what most people avoid. They want to believe that the emotion they experienced is actually a loving emotion to themselves when, from God's perspective, it is an unloving emotion.

[01:26:37.06]

If I can give you an example: I see many people cry – in huge release – when their partner leaves them. However, if they were in a condition of love they would never cry when anybody leaves them. This is the problem: our definition of love is out of harmony with God's definition of love and while I hold onto my definition of love, I will refuse to accept God's definition of love and therefore refuse the healing that comes from God. This is the main reason that most people who have cathartic release are still stuck in the same cycle as before.

9.2. *Layers of emotions within us*

[01:27:53.00]

Jesus:

Let's go through the emotion. Grief, this intense emotional experience, is covered over by fear. Fear is the layer that suppresses the intense release. We are afraid of so many things. We're even afraid of crying in front of another person, we're afraid of having this intense emotional experience in front of other people who then condemn us or judge us. These are some of the fears that we have. On top of that we have a fear that we might even die if we feel and many other extreme false beliefs, which are now fears.

[01:29:14.00]

Before we experience this intense emotional experience we must allow ourselves to experience our fears, but most of us have a huge resistance to feeling our fears. What we do is we create a set of addictions. Our addictions are created because we want to avoid our fear and whenever our addictions do not get met, we get angry. Now unfortunately in many societies even anger is not allowed. We then suppress our anger and we become depressed. The primary purpose of depression is to avoid our rage, which avoids our addiction, suppresses our fear, and prevents us from experiencing the overwhelming intense emotion which will heal us.



[01:30:53.25]

Because of this chain of events we then engage in trying to meet our addictions. So if we are lonely for example, we want people to share in our lives and this helps us avoid the intense experience of loneliness. We are so afraid of our loneliness that we create an addiction that other people help us with our loneliness. This is an example of avoiding the underlying feeling of grief, the intense emotional experience.

[01:31:49.27]

Now this often happens both on earth and in the spirit world. As a result many spirits pass into the spirit world still with the complete desire still to suppress their intense emotional experience. They have huge levels of fear associated with the possible experience and they try to keep their earth-based hurt experience in the past but when we do that our soul carries it around like a dead weight and it will continue to carry it around as a dead weight until we release it.

[01:32:51.20]

Engaging this process is much easier with God than it is without God however as I expressed earlier, it is very important when we do experience this intense experience, that we become open to the truth of our experience. This is where most people fail in their relationship with God. They are unwilling to accept God's viewpoint about love. For example, in the example I gave earlier about loneliness, the person who wants other people to share in their life and who is avoiding their lonely experience through that sharing will never come to recognise one basic truth from God and that is that you are never alone. The reality from God's perspective is that they are never alone and if they are unwilling to know that then they can cry over and over again about their loneliness without ever healing it.

10. Audience questions

10.1. Who are the fourteen who are reincarnated?

[01:35:10.17]

Participant Female:

You said that after you reached the thirty-sixth sphere, in 1962 someone decided to return. You also said that there are seven people at present ...

[01:35:24.29]

Jesus:

Fourteen!

[01:35:25.16]

Participant Female:

I imagine that you are one of them. I'd like to know who the other ones are. Also why are you here? Is this related to the earth changes that are being talked about in 2012?

[01:35:59.21]

Jesus:

Okay, firstly it is not good for me or loving of me to disclose the identity of others who have returned. This is something they need to do themselves. So while I know the identity of the majority of them, I am not willing to

disclose their identity unless they themselves are willing to do so. It is a very traumatic psychological experience that they need to engage with their own will, and many of them may not engage this process with their own will because they feel the deep pain of the process. In addition, one of the fourteen has already passed. He was murdered one month after he decided to not engage the process and this is what he attracted through his denial of himself. He was the man you know as the Apostle John.

10.2. *Why have you chosen to reincarnate now?*

[01:37:34.23]

Jesus:

In answer to the second question, which was why I am here? I – and many of the spirits in the spirit world – have been trying for many thousands of years to find out how we could return to earth. This was the soul-based developmental process that we went through. We ourselves had to learn what we could potentially do and through our relationship with God we eventually became developed enough to understand over a period of two thousand years that there was a way for us to return to earth. We knew reincarnation as a teaching to be false because we had observed that nobody historically had reincarnated. If we were going to return to earth, what we had to do was find a way.

[01:39:05.15]

Now in the early seventeen hundreds of this last two thousand year period, we knew from the progression of our soul that this soul union condition was possible, but it did not occur for anybody until 1935. So it took us nearly three hundred years to work out how to do it. Once the first couple worked out how to do it, then we could show the other couples how to do the same thing, and that took another period of thirty years or so. Once we had a core group of people who were available to come back to earth we asked each other whether we wanted to do that and all of those first seven couples decided they wanted to try the experiment. This reincarnation process was an experiment, just as many other things that have ever been discovered by people on earth have been an experiment.

[01:40:46.25]

The reason we engaged the experiment was that we were finding it very difficult to teach Divine Truth from the condition we were in. The reason is that the condition in the thirty-sixth dimension is very different from the condition in the first dimension, as you can imagine, and so what we were trying to do was work through all of the terrible beliefs that were still on the planet. We found that very difficult because there is a cloud of very dark spirits around the planet and they are heavily influencing the belief systems on the planet. In addition, we thought that if we were present on earth we could begin teaching these principles that we had discovered and being able to do it face to face is much more effective than trying to do it from thirty-six dimensions away.

36

1st

Teaching the earth Divine Truth when it is 35 dimensions away is not as easy as teaching by reincarnating

[01:42:22.19]

In addition we wanted to help these spirits who are heavily influencing the earth and causing the earth to be unable to grow in its condition. We believed that if we came back to this location we would be able to engage a conversation with these spirits, just like we have today, and that this would help relieve the earth of its condition. So these are the primary reasons why we returned.



A cloud of dark spirits surrounds and influences the earth

[01:43:05.21]

As to why it's occurring at this particular time, it is primarily because we didn't discover it sooner (laughter) and as a result we had to wait on our relationship with God and learning these things until we could understand enough so that we could return.

[01:43:35.05]

Now obviously God has a far bigger plan than even I recognise. And so by chance we arrive at a time when the earth is changing, and we do feel that this is a part of God's plan because many people need to be assisted at this time. The changes themselves may help some people to be assisted. But many people on earth hear that change is coming and they don't realise why. The reason why is that Divine Truth is now on the planet and the more people who embrace it, it will cause the change.

10.3. *Is there karma?*

[01:45:06.22]

Participant Male:

Why does God allow spirits to take advantage of innocents? Is the reason karma? Why do these people go through these situations?

[01:46:06.23]

Jesus:

Firstly I have not said there is no karma; I've only said that there is no reincarnation in order to work through karma. What you call karma, the spirits in the higher spheres of the spirit world call the Law of Compensation. Every single person who has ever lived will need to pay the penalty of their own unloving behaviour. Many times the penalty is instant. Just like I described yesterday in "The Truth About – God", when you step off the big tall building and you have gravity, there's an instant response. So when we act out of harmony with love there is an instant result on our soul, which at some point in the future will have to be paid for. Now many of us pay for it instantly in that we get a bit older, we get a bit sicker, we have accidents and these are all normal results of breaking the laws.

10.4. *Why does God allow evil?*

[01:47:54.11]

Jesus:

Now the question that you asked about God is very important. The question is why does God allow for innocent people to be over-cloaked by evil spirits? And this is a very important question.

[01:48:29.11]

Participant Male:

Also why does God allow people to be affected by aggressive people here too?

[01:48:36.06]

Jesus:

That's very good question. These are two very big questions. God is trying to teach us the effects of our fears. What mankind does not understand is that it is fear that creates evil.



This is a primary thing that most people on earth do not yet understand. Fear is created by false beliefs that we believe are true. You can say that it is “false expectations appearing real”. This fear attracts evil and in fact allows evil to continue. Once we understand the relationship between fear and evil, we begin to see how our own fear allows evil in others.

[01:50:03.12]

One of our primary fears is the fear of death and many of us are not necessarily afraid of death but afraid of the loss that death creates. This is because we do not have a clear understanding about our spirit state. When there is no longer any fear of death there is also no longer any fear of evil. This causes a person to remain steadfast for the principles of love. While I am firm for principles of love, I cannot be influenced by evil, but the only way I can stay firm on principles of love is by releasing my fears because while I am afraid I can be manipulated. This is the main cause of evil being perpetrated on the planet.

[01:51:27.13]

We all have very strong fears about it and then we feel drawn into doing what the evil person wants instead of remaining firm about what is truthful and loving. God is trying to show us through this experience that if we are not willing to deal with our fear even for the sake of our own children, then who are we going to be willing to deal with it for? If we are willing to allow our fear to remain in us and we observe the damage that results to our own children, and yet we are not willing to address our own fear, then how much love do we really have? God allows this to continue even though it is not God's desire. God did not desire that we remain in fear and God does not desire that we accept evil, but man created evil and man has to learn to get rid of all the things he created, all the things that are out of harmony with love.

[01:53:26.25]

All the things that man creates in harmony with love are acceptable to God. But all the things that man has created out of harmony with love, which includes fear and evil, man himself has to choose to destroy himself. God has given us the free will to do so, just as God has given us the free will to create evil.

[01:54:08.23]

The problem is that evil and fear have existed for so long on this earth that we believe that they are real and necessary. We have even come up with belief systems that attempt to accept evil, such as: “that good and bad belief systems need to balance each other”. All this is a figment of our imagination in order to avoid experiencing the grief that is involved with fear and evil. When we are able to embrace this process of allowing the intense emotional experience, we will find that no fear exists within us and from that moment on, no matter what anyone else does, you will always be loving and you will never respond to evil again. You will never be afraid of evil again and in that way evil will eventually disappear.

[01:55:50.09]

In the first century I tried to demonstrate through my life that evil did not pose a threat to love, but in fact that love conquers all evil. This is why I said, "I have conquered the world" because once I became in that condition of love, the world's evil disappeared to me and it no longer had any power over me. This was only achieved through my relationship with God. It had nothing to do with my special nature; it had everything to do with how God transformed my soul into love. Once all of us get to that condition of love and probably long before then actually, we will no longer pander to any person who is evil on the planet and therefore all people who are evil on the planet. Instead we will remain firm in love and those who are evil will have no power in that place. I gave a talk about this recently in the USA called “Love has Power over Evil”. We give evil power by being afraid of it.

10.5. *Does God know the future of mankind?*

[01:59:01.22]

Participant Male:

I acknowledge that God knows everything about the past, present and future. I heard you say that God wished for things for humankind other than what humanity is doing. So I believe that if God knows about the future then it is all written.

[01:59:38.06]

Jesus:

I understand the question. Do not confuse a person who knows about the future with someone who makes the future happen. God has given you the gift of free will and therefore God has allowed you to make the choice about your future. However, God knows you so well that She knows what decisions you are probably going to make. So God is not disappointed with these decisions but sometimes God would like you to make a different decision, one that is in more harmony with love.

[02:00:44.17]

God knew in advance that people would degrade on the planet in their condition. God knew in advance but God also knew that through a process or experience that God designed, all of us would grow in our condition and because God is an eternal being, this short term poor condition is just like a day for God, even though it might be tens or hundreds of thousands of years for us.

[02:01:26.07]

God has a very, very long term view of the future and God can see into that long term future. And because God is a mathematician and calculates every outcome, He therefore knows in advance the potential decisions that you have available to you. But God does not force you to make those decisions and you can sit down and make no decisions at all in your life if you choose, but of course that in itself is a decision.

[02:02:14.08]

This is what we need to understand about God. God has given us this very precious gift of free will and how we use our will determines not only my own happiness but also the happiness of all those around me and I need to come to understand that if I am selfish, I am not only harming myself but I am also harming other people around me. This is a way for me to be corrected; once I observe the harm that I am doing I will begin to develop a desire to no longer do it. This is one of the main reasons for us to have children; if we cannot change for the sake of our children, then who are we going to change for?

10.6. *Will changes occur in the spirit world in the future?*

[02:03:52.23]

Participant Female:

What do you know about the changes that will occur? Will it affect the spiritual world as well?

[02:04:00.05]

Jesus:

Yes, it is our intention to change everything in the spirit world. One of the main reasons why we came to earth is so that we can help the spirits up to the sixth dimension of the spirit world to progress into higher states. Once they do that and the earth changes, then no person will pass over from the earth into a place of darkness, and every person who passes from the earth will go into the beautiful celestial heavens. Therefore there will be no more pain either on the earth or in the spirit world. That is God's intention; He is just waiting for us, mankind, to choose. It's a very good question.

10.7. *What are the consequences of denying our true selves?*

[02:05:31.03]

Participant Female:

Since everything has a consequence, what's the consequence if one of the fourteen who have reincarnated doesn't go through the process? For example, the Apostle John being assassinated.

[02:06:16.06]

Jesus:

The reality is that every single one of us needs to accept ourselves. That's not accepting the person who we think we are, nor is it accepting the person who our parents designed us to be, but accepting the person that God created us to be. Every person that denies their true self will experience pain throughout their life. So you could say there are really three selves. One self is the true self that God created. Another self is the injured self; this is the self that usually our parents created by treating us in unloving manners. Then there is what I will call our facade self. This is the person we create to avoid the other two selves.



[02:08:01.08]

In order to progress, we need to see our facade self and eventually come to feel our injured self and release those selves from ourselves. Then we will become our true self. Now all of the fourteen at some point in the future have to accept their real self, just like you have to. If they choose to not accept their real self then a lot of pain will be experienced. This is a normal situation for every person who has ever existed. The only exception is that these people have come from a different location and therefore their pain will be greater if they do not accept their real self but for all of us there is pain when we do not accept our real self.

11. *Closing Words*

[02:09:28.27]

Jesus:

Well I feel that it's a great time to finish now.

[02:09:51.04]

Participant Female:

Do the fourteen have the conscience when they are born here?

[02:09:56.29]

Jesus:

Can I address something with you? You are now imposing your selfish desires upon the group and also upon me. This is a very unloving act. In doing this you reduce your own condition and also many people here, who are very patient as a result. Many people here now have had enough information and need to go home and digest it, and you are not honouring that. I'll be happy to answer your question when we have another session. Okay?

[02:11:23.03]

Participant Female:

I apologise to everyone.

[02:11:24.23]

Jesus:

No problem. You see I wanted to show you an illustration of how often we impose our unloving behaviour without even knowing, and I'm very happy you gave me that opportunity. Please do not feel offended; it is a very important learning lesson for everyone.

[02:12:45.09]

I would love to thank the organisers of these events. There are many people involved in the organisation of this event and we would like to thank them. Also, these videos of the sessions over the last few days will be available for free and you'll be able to download them from YouTube.

We look forward to seeing those of you who are willing to come along next time. Thank you very much for your time. (Applause)